



U15 / U18 POWER SKATING

This individualized program will run at a high level of intensity pushing skaters beyond their comfort zone. All areas of skating will be covered. Main focus of the program is on the development of each player's individual skill sets and abilities.

Registration Opens:	February 18, 2025	
Registration Closes:	April 3, 2025 (or when program reaches capacity)	
Location:	Cardel Rec South, Arena 1	
Dates:	April 10, April 24, May 15, May 22, May 29,	
Time:	7:00 PM – 8:00 PM	
# of Sessions:	5	
Cost:	\$225.00 (Non-Refundable & Non-Transferable)	
Participants:	20 Skaters	
Eligibility:	2008, 2009 2010, 2011	Registrations WILL be verified. If you register and don't meet the requirements, your registration will be cancelled
Non-SWH Members:	Will be considered based on availability and will require PRIOR approval from the SWH Registrar PRIOR to registering <ul style="list-style-type: none">▪ Participants HCR ID will be required▪ Must be currently rostered to a team in Hockey Canada for the 2024/2025 season▪ Must meet the birth year requirements noted above	
Withdrawal Policy:	This registration is Non-Refundable & Non-Transferable 100% refund will be issued if there are insufficient registrations	
Registration Link:	https://go.teamsnap.com/forms/471940	

