

115 CONTACT CONFIDENCE

For players 2010 – 2011 who played U15 NBC in 2024-2025, but looking to try and make the jump to Body Checking this coming season.

The focus will be on safety, awareness, and building on contact confidence.

Registration Opens:	February 18, 2025	
Registration Closes:	May 1, 2025 (or when program reaches capacity)	
Location:	Cardel Rec South, Arena 1	
Dates:	May 8, June 4, June 11	
Time:	May 8 (7:00-8:00pm), June 4 (7:00-8:00pm), June 11 (5:45-6:45pm)	
# of Sessions:	3	
Cost:	\$135.00 (Non-Refundable & Non-Transferable)	
Participants:	16 Skaters	
Eligibility:	2010, 2011	For Players who played U15 NBC in 2024-2025. Registrations WILL be verified. If you register and don't meet the requirements, your registration will be cancelled
Non-SWH Members:	 Will be considered based on availability and will require PRIOR approval from the SWH Registrar PRIOR to registering Participants HCR ID will be required Must be currently rostered to a team in Hockey Canada for the 2024/2025 season Must meet the birth year requirements noted above 	
Withdrawal Policy:	This registration is <i>Non-Refundable & Non-Transferable</i> 100% refund will be issued if there are insufficient registrations	
Registration Link:	https://go.teamsnap.com/forms/472022	

