

EQUIPMENT SIZING - PLAYERS

New to hockey? It is important to wear your equipment properly!

Additionally, it is important to note:

- Hockey sticks should be between the child's chin and nose --- while ON skates.
- **❖** Hockey Tape should also be put on both the 'butt end' and blade of the stick.
- ❖ Skates 'out of the box' are NOT sharp. They will need to be sharpened prior to the participants first skate session.

FULL EQUIPMENT is ALWAYS MANDATORY!!

Use the following links for more information and resources about equipment:

Equipment Details

Hockey Canada - Equipment Fitting Video

EQUIPMENT CHECKLIST

