



## Partnership with Village Sports

Southwest Hockey has partnered again this season with Village Sports who will provide professional instruction to our U5 CUBS participants.

### On-Ice Sessions

The CUBS Program is designed to be a **FUN** introduction to the game of Hockey!

Players learn basics (*balance, skating, skating with a puck, stickhandling, passing, shooting & team work*); through games, drills & small group station work, with a goal to progress each child's skill, while ensuring there is **FUN!**

Village Kids is excited to be a part of your first experience with hockey!

### Off-Ice Sessions

The VK team is offering a fun off-ice program that builds physical skills, social connections and confidence that will carry over from the ice to home, school and playground.

Early sport experiences set the foundation to acquire skills that help our children prepare for the rest of their lives. Village Kids is built on a passion to help develop, nurture, and support kids to be the best they can be, both in and out of sport.

