



Meet the Instructor!

RYAN FOX

Ryan has been involved in Calgary hockey for over 40 years as a player, coach, and instructor.

After playing Calgary Royals, he then graduated to the AJHL with the Calgary Spurs. Not done with his hometown he went on to play 5 years with the U of C Dinos; participating in 3 National Championships. Ryan then went on to play professionally with the German Bundesliga with Weisswasser.

He returned back from overseas to attend the inaugural training camp of the San Jose Sharks, to go on to play with their IHL farm team affiliate Kansas City Blades helping them win a league championship.

When Ryan's career ended, he got involved with his sons' hockey. He became a coach and board member with Minor Hockey Associations. His efforts to give back to the game he loves garnered him separate coach and volunteer of the year awards. Also, many of his teams went on to win City and EMHW championships.

Ryan went on to become the Senior Head Instructor at D-Rules where he worked for 5 years developing all ages of players defensive skills in group or individual settings.

Ryan now leads all of the Pinnacle D-programs. He runs approximately 100 D-man focused ice times a year with Pinnacle.

